

# North Petherton Rugby Football Club LTD

*Affiliated to the Rugby Football Union and the Somerset County Rugby Football Union*

CASC REG. 04941



## Codes Of Conduct Coaches

The following “Code of Conduct” has been compiled to assist the Club’s aim of promoting the enjoyment of the game of Rugby Union. Players come into Rugby Union for a variety of reasons and it is the duty of the coach.....and other officials... to recognise this and stimulate continued participation.

### **The coach:**

- Acts as a teacher
- Represents NPRFC and the game of Rugby
- Advises on and sets standards of behaviour and promotes the ethos of the game.
- Is the point of communication between young players and their parents

### **All NPRFC coaches should:**

- Recognise the importance of fun and enjoyment when coaching players.
- Emphasise the spirit of the game rather than the result.
- Understand that most learning is achieved through doing.
- Appreciate the needs of the players before the needs of the sport.
- Be a positive role model – think what this implies.
- Keep winning and losing in perspective – encourage players to behave with dignity in all circumstances.
- Respect all referees and the decisions they make, even if they appear to make a mistake, (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.
- Provide positive verbal feedback in a constructive and encouraging manner to all players, both during coaching sessions and matches.
- Understand the physical, social and psychological development of young players
- Look to self improvement – participate in the Club & County development activities.
- Before any training sessions and matches ensure that all boot studs and other clothing are in accordance with the IRB Laws of the game

## All NPRFC coaches **must**:

- Have been verified to train young players via the DBS verification method. The Club's Child Protection Officer will be responsible for this check.
- Provide rugby experiences which are matched to the players' ages and abilities
- Ensure all players are coached in a safe environment, with adequate first aid readily to hand. The safety of young players is paramount.
- Explain all decisions especially to new and young players.
- Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- Always penalise foul play but play advantage where appropriate to allow the game to flow.
- Never allow a player to train or play when injured.
- Ensure good supervision of players, both on and off the field.
- Recognise that players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- Develop an awareness of nutrition as part of an overall education in lifestyle management.
- Recognise that it is illegal for players under 18 to drink alcohol or for those under 16 to smoke. Coaches should actively discourage both.
- Ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy.
- Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.
- Be aware of and abide by the RFU and NPRFC's Child Protection Policy.
- Coach to the rules laid down in the Rugby Continuum and keep themselves updated on rule changes.
- All Coaches and members of NPRFC must not put any defamatory statements regarding any aspect in regard to the Club or their opponents (**see NPRFC Social Media policy for more detail**), on social media sites such as You Tube, Twitter and Face Book etc.

**Rugby is a game for everyone...NPRFC is for everyone**

## **Review**

This policy will be reviewed every 2 years

A. Redman Oct 2024